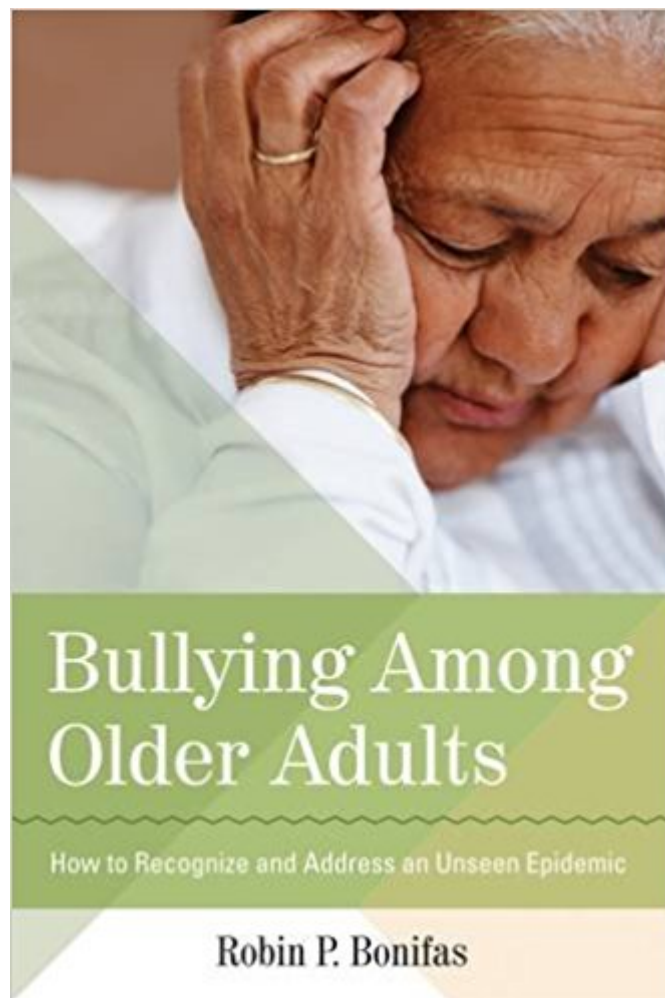




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# Bullying Among Older Adults: How To Recognize And Address An Unseen Epidemic



## Synopsis

Equip yourself with the knowledge and tools to recognize, intervene, and prevent resident-to-resident bullying in elder care. Presented through a growing body of research as well as the voices and actual experiences of the targets and perpetrators of bullying, this book offers community-based or long-term care staff effective intervention strategies to address bullying, including empathy training, empowerment strategies, bystander intervention, and more. Practical resources and examples include: Learning activities, case studies, model intervention programs, sample forms and policy guidelines (including a Social Interaction Survey and a bullying assessment form also available as downloadable PDF files).

## Book Information

Paperback: 200 pages

Publisher: Health Professions Press; Unbeknownst to many, bullying is not an experience limited to childhood, but is an epidemic occurring far too often among older adults as well. Studies have revealed the alarmingly high rate at which older adults in senior programs and care settings are bullied by their peers, resulting in profoundly negative effects on the elders, the staff, and the community in which it is occurring. *Bullying Among Older Adults* is the first resource to address this critical issue, providing the knowledge and tools to recognize bullying and develop constructive ways to intervene and prevent it. As an expert on peer bullying among older adults, author Robin Bonifas draws upon a growing body of research as well as the voices and actual experiences of the targets and perpetrators of bullying. She exposes the nature of this phenomenon and then presents positive, proactive ways for community-based or long-term care staff to minimize and prevent it from happening. Filled with practical resources and examples, this guide offers effective intervention strategies including empathy and civility training, empowerment strategies, bystander intervention, and more. Special features: -detailed, step-by-step assessment strategies and anti-bullying interventions -effective coping strategies to minimize negative consequences for those bullied -pro-social activities to promote empathy and civility -specialized approaches for residents with dementia or mental illness learning activities, case studies, sample forms, and policy guidelines (also available as downloadable PDF files) *Bullying Among Older Adults* will be an invaluable resource in creating an atmosphere of caring and respect among both residents and staff. "This much needed resource is well researched and full of practical tools that can be used by a wide range of practitioners. Anyone who works with older adults should keep this handy as a practical reference in their day to day work." \_Judah L. Ronch, Ph.D., Dean and Professor, Erikson School, University of

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## Customer Reviews

This book provides a foundation for understanding bullying behaviors among older adultsâ [and [fills] an important gap in a topic where so few other resources are available. --Mercedes Bern-Klug, Ph.D., M.S.W., M.A., John A. Hartford Geriatric Social Work Faculty Scholar, and Director, Aging Studies Program, University of Iowa  
This much needed resource is well researched and full of practical tools that can be used by a wide range of practitioners. Anyone who works with older adults should keep this handy as a practical reference in their day-to-day work. --Judah L. Ronch, Ph.D., Dean and Professor, Erikson School, Management of Aging Services, Univesrity of Maryland Baltimore County  
[This book] is an important reference in how to combat bullying. Bonifas offers advice on empathy training and organizational interventions. The book is academic, but written in a way that you feel as if you're chatting with a friend. --McKnight's Long-Term Care magazine

Robin P. Bonifas, Ph.D., M.S.W., is currently Assistant Professor at Arizona State University School of Social Work and received her master's and doctoral degress in social work from the University of Washington. She was named the John A. Hartford Faculty Scholar in Geriatric Social Work in 2011. As a social gerontologist, she is focused on long-term care, elder abuse, and the resilience of older adults.

Great information presented in a readily understandable and useful manner. Great for preparing staff training! Great info for talking with family members, other residents and staff. Good solid care plan interventions

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